



ON THE SQUARE

OCTOBER

2016

Hello to everyone,

Hasn't the year flown by, I can believe that it is nearly the end of October!!!. Mind you all the Christmas paraphernalia has been in the shops for some time which is usually a good indicator that we are heading into the final part of the year. And speaking of Christmas, we are booked into the Flagstaff Hill Hotel for lunch. The flyer is now out with a few more details. If you need to change your nominated day please let us know by December the 5th. For those of you who have been to the Flagstaff before, you will already know how great the salad/vegetable buffet is, for those of you who haven't, you are in for a treat.

Recent Events (or there about):

The bus trip to Murray Bridge on 6/6/16: See the photo of our lovely ladies on the front page. My apologies, I actually forgot to pop in some photos in the last newsletter. We were really lucky that the rain held off, except for the dash into the bus leaving Beerenburg. It was a lovely drive throughout the hills on the way to Murray Bridge. Hope you all had a great day.





Expo News:

For those of you who were not aware that Care and Share held an exhibit at the Ageing, Disability and Lifestyle Expo on 23.9.16, well this is what our display looked like. This was a first time for Care and Share to be involved in such an event which was quite exciting. It was a great opportunity to advertise our program as we still have capacity to bring in new participants, especially on Wednesdays and Thursdays. There were over 4000 people through the Expo on the day which was up on the previous year. Barbara Harris, Johanna Crinion and Carol Knight all helped on the day which was terrific. We talked to many people throughout the day and gave them copies of our brochures. I wanted our display to represent the community that is Care and Share and our home style hospitality. Barbara's biscuits were a big part that (who doesn't like one of Barb's bickies or two). We gave away over 400 on the day and they were all gladly received. Thanks again to Barb for the mammoth effort. Don't worry; I think she will still make more shortly for our morning teas. ☺

PS; if you know anyone over the age of 65 in your area, who you think would enjoy the program, please let us know. They are very welcome to come along for a day and see what we are all about (our treat of course☺).

Theme weeks:

Thank you to everyone who participated in our Olympics and Show theme weeks held in September. We hope that you had as much fun participating as we had organising it for you.



The completion was fierce and our medal winners were highly deserving of their awards. I make particular note about the discus throwing events where I think much amusement was had by participants when various staff and volunteers were almost decapitated by an errant Frisbee 😊 The hoopla hoop demonstrations from some staff members & volunteers was also quite memorable!!!!!!



Thanks to everyone who helped or participated, hope you had a great day.



Kids fun Day.

The Kids fun day was held on Friday 14/10/16 and the kids shared lunch with the participants on the day. It was a very busy day for all those involved and I really appreciate all the great team work in the kitchen to be able to provide a lovely lunch for everybody to share.

Thank you to the Friday group who filled out the survey regarding their thoughts on the day.

I appreciate your honesty in your responses. You are welcome to see the summary if you would like too. The responses showed a mixed sentiment about whether the day was enjoyed by all and highlighted the need for further discussion around Care and Share's future involvement in such activities.

Focus group

As part of our funding responsibility we need to ensure that participants have plenty of opportunity to provide feedback about the Care and Share program. A focus group is one way of doing this. What is a focus group you may ask? Well it is an opportunity for participants who want to be involved, to sit together and discuss the program. There may be some issues that you may like to discuss or have some ideas about how things can be done better. I intend to run these groups each day during the week commencing the 7th of November. We can sit together during the program or afterwards and arrange for a later pick up time if required. I am looking forward to our discussions, please let me know if you wish to be involved by 4/11/16. Thankyou

JUST A LITTLE REMINDER.

Sometimes it is easy to overlook things when we are busy, but we ask that if you are unable to come to Care & Share that you please contact the office so that the transport and catering arrangements can be changed accordingly.

Please ring office and leave a message as soon as possible. The answering machine is always on.

PH: 8276 1144

Kind regards, Janine

Just for fun:



"WE HAD TEXT MESSAGES WHEN I WAS YOUR AGE...
THEY WERE CALLED TELEGRAMS."

