

Care and Share at Home

RESILIENCE

Definition of resilience: the power or ability to return to the original form, position, etc., after being bent, compressed, or stretched; elasticity.

Author P. G. Wodehouse took note of this when he wrote: "There is in certain men ... a quality of resilience, a sturdy refusal to acknowledge defeat, which aids them as effectively in affairs of the heart as in encounters of a sterner and more practical kind." This quote may take a couple times to read for it to sink in and grasp the meaning of staying strong during testing times. We know that your resilience will come to the fore as you manage this distancing period of our history in Australia, and we hope that our Newsletters, phone calls & activities assist you in this regard. Stay strong, you can do it!

RIDDLES

- # What can you hold without touching?
 - # Always in you, sometimes on you; If I surround you, I can kill you.
 - # A cowboy booked into a hotel on Sunday. He stayed two nights and rode back home on Sunday. How is this possible?
 - # I can be cracked, I can be made, I can be told, and I can be played
 - # Re-arrange the letters, O O U S W T D N E J R, to spell just one word. What is it?
 - # What starts with the letter T, is filled with T, and ends in T?
- Answers page 2

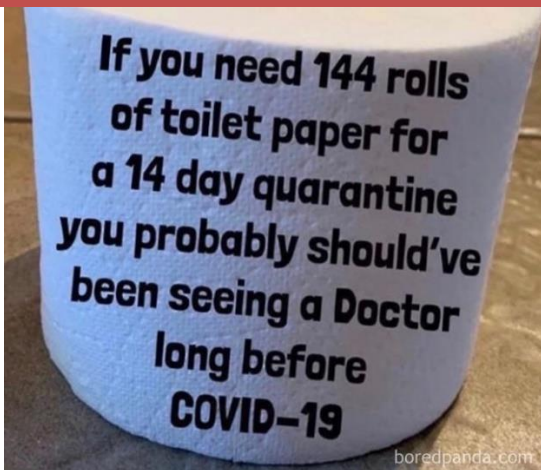


Who am I? I was born in Brussels, Belgium. I held a British passport; and I also lived in the Netherlands. I featured in some unforgettable movies in my time. I was placed number 3 in the Film Institute's List of Greatest Female Screen Legends. My first movie was 'Roman Holidays' in 1953 with Gregory Peck. In one of my movies I sang 'Moon River' and in another I played a poor flower girl who learns to talk like a Duchess. In my later years I was appointed Goodwill Ambassador of UNICEF.
Answer Page 2

THOUGHT OF THE WEEK

Getting old is not for sissies. -- Bette Davis

*Wrinkles are hereditary.
Parents get them from their children.
-- Doris Day*



This Week in History

- 1876** Tchaikovsky completes his ballet Swan Lake.
- 1945** Adolf Hitler admits defeat.
- 1962** #1 Hit: Elvis Presley - Good Luck Charm
- 1976** Barbara Walters becomes 1st female nightly network news anchor (Today Show).
- 1977** Optical fiber is used for telephone transmissions for the first time.






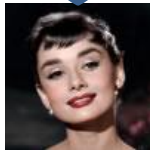
OUR THANKS

THANK YOU

On this occasion of our 6th Newsletter we would like to thank Josie for all her hard work in the Kitchen. We really value your efforts in keeping everything so clean. We appreciate you Josie

Some sad news; For those who knew Ruth Hoyle, she passed away two weeks ago. She moved in to care in 2019. She will be greatly missed, especially by the wednesday nutty knitters 

Who am I? Audrey Hepburn



Riddles: Breath, Water, The Horse was names Sunday, a Joke, Just one word, A teapot



My face masks have finally arrived!



THE FOLLOWING ARE TRUE STATEMENTS RECEIVED BY INSURANCE COMPANIES.

- # Coming down I drove into the wrong house and collided with a tree I don't have.
- # The other car collided with mine without giving warning of its intentions.
- # I collided with a stationary truck coming the other way.
- # The car was all over the road. I had to swerve a number of times before I hit him.
- # I pulled away from the side of the road, glanced at my mother-in-law and headed over the embankment.
- # In an attempt to kill a fly, I drove into a telephone pole.

TERRARIUM IN A JAR EASY INSTRUCIONS ENCLOSED



A nursing assistant, a floor nurse, and a charge nurse from a small nursing home were taking a lunch break in the staffroom when in comes a fairy. She says: "Hi, I'm Gina, the fairy. I am so pleased the way you looked after my aunt that I am going to grant each one of you a wish. Ask me anything". The nurse's assistant rushed in first and said: "I wish I was on a tropical island with my boyfriend feeding me fruit and tending to my every need." With a puff of smoke, the nurse assistant was gone. The floor nurse went next. "I wish I were rich and retired and spending my days in my own warm cabin at a ski resort with a good looking man feeding me cocoa and doughnuts". With a puff of smoke the nurse too was gone. And then, it was the charge nurse's turn, she said to the fairy: "My wish is to have those two back on the floor at the end of the lunch break!!"

