

Winter is here

Winter rain

The winter rain has been very welcome considering the dry summer earlier this year. Doesn't summer seem to be a distance memory? On the other hand, hasn't the year gone so fast? We've had stories of bush fires and viruses; good deeds and lending a helping hand; neighbourhood and world singing session; just to name a few. Stay warm and enjoy the sun when it comes out.



Don't let aging get you down. It's too hard to get back up?

How is everyone else? That's a common question we are being asked during our phone calls. The good news is no one has the Corona virus nor any of the Staff. It's a blessing to be in Adelaide where there were only a few cases.

Q. What do you get when you cross a dentist with a boat?

A. A tooth ferry

Q. How do you reward the best dentist in town?

A. Give her a plaque

Dan: Can you help me find a new dentist?

Sam: You should try mine – he knows the drill!

This day in history

Do you recall.....

1793 1st public zoo opens in Paris.

1935 Alcoholics Anonymous is founded.

1963 US Equal Pay Act is signed into law by President John F. Kennedy

1966 Janis Joplin's 1st live concert (held in San Francisco)

1972 Elvis Presley records a live album at NYC's Madison Square Garden

1972 #1 Hit: Sammy Davis Jr. – Candy Man

1978 #1 Hit: John Travolta and Olivia Newton-John – You're the One That I Want

1999 The Kosovo War ends.

Judy Garland

Singer and Actress

Born June 10th 1922
Died 1969 (Aged 47)
Nationality American



Judy Garland was a star of many classic musical films and was known for her tremendous talent and troubled life.

She began performing as a child in vaudeville with her two older sisters. She was signed to MGM at the age of 13.

Aged seventeen, she played her most famous roll, that of Dorothy Gale in *The Wizard of Oz* (1939). She also had roles in other film classics including *Meet Me in St Louis* (1944), *The Harvey Girls* (1946), *Easter Parade* (1948) and *Summer Stock* (1950). She went on to appear in two Academy Award nominated performances in *A Star Is Born* (1954) and *Judgement at Nuremberg* (1961).

Garland was married 5 times and had 3 children. One of her daughters is Liza Minnelli.



The cats are on day 3,721 of their stay at home quarantine. They have some lessons for us amateurs. Lessons like: Nap early, nap often. Seek out sunbeams. Eat on a regular schedule. Keep yourself clean. And most importantly, it's ok to run up and down the apartment screaming when it all gets to be too much. Just take a nap afterwards.

Zestfest

Zestfest is a festival for older people held in SA.

As it's been cancelled, they've listed online links for things to check out.

<https://zestfestsa.org.au/online-arts-activities>